

■ Food sensitivity profiles

IgG 5, 40 and 93 food sensitivity profiles

Used to assess

Individuals with adverse reactions to food/s.

Clinical relevance

Food sensitivities may be a source of considerable discomfort in many chronic conditions and diseases. The symptoms are varied and individuals can react in different ways. Common conditions where food sensitivity may play a significant role include bloating and fluid retention, inflammatory bowel disease, irritable bowel syndrome, migraine, depression and mood swings, asthma, skin conditions and behavioural problems in children.

Specimen requirements

A blood specimen is required, which can be taken at any time of the day. Fasting is not required beforehand.

Specimen collection method

Healthscope Pathology collection centre